

## Cancer Support

We are frequently asked if natural medicine can treat all types and stages of cancer. Very often, conventional oncological treatment is appropriate. At Green Apple Health Care, we work with the patient to thoroughly review their situation to assess how we can best support them. A combination of naturopathic and conventional treatments may be the most appropriate.

Conventional treatment kills the cancer cells, and that's a good thing, but it may also deplete the vital nutrients and antibodies that your body simply cannot do without. We use herbal and vitamin supplements to compensate for the possible reduction of nutrients that could occur during conventional treatment without interfering with conventional treatment.

### THE NATUROPATHIC APPROACH

We approach cancer by addressing your overall health. We do not attack cancer; rather, we strengthen your body and its ability to fight disease generally. We do this by significantly increasing vitamin status with [large doses of vitamins and other nutrients directly into the cells, while detoxifying the cells](#) and body and removing the metabolic and toxic waste that could contribute to cancer.

We can custom design a treatment program to support you at any stage of conventional treatment. Whether you're currently undergoing conventional treatment, in remission, when conventional treatment has created uncomfortable side effects, or when conventional treatment has not yielded the results you'd hoped for, we can help to improve your health and your quality of life.

Because every patient's needs are unique to them, each program is carefully tailored to the patient's specific needs.

### ADDITIONAL TESTING

We do very specific testing to determine exactly where to focus the treatments, then customize the treatment for the patient. An example is the testing we conduct if a patient may have an estrogen-sensitive tumor. We test estrogen metabolism and also look for possible sources of estrogen that may be contributing to the problem.

We keep the treatment plan specific to exactly what the patient needs, pinpointed on what the testing determines we should focus on.

### NUTRITIONAL, LIFESTYLE AND EXERCISE

As a part of the naturopathic treatment support program, we also work with you to improve your lifestyle, diet, exercise, and stress management. These are all factors that can have a profound effect on your health that, when addressed, can help to bring about improvements to your overall health and your body's ability to fight disease.